

## Pedagogy Newsletter #36

Friday 20th September 2019

Dear Colleagues,

Doug Lemov talks about the myth of learning styles. As teachers, I think we all have heard the idea that children have different learning styles, which brings us to believe that we should adapt the delivery of our teaching to suit these individual needs.

This myth, however, can cause us to teach in a way that weakens other sensory channels that pupils need in order to learn. All of us take in information through a variety of different ways and we encode information through different sensory channels.

'Switching' is the brain determining which sensory channel to attend to and what to ignore. Doug Lemov has written a short article on [REPLACING "LEARNING STYLES" WITH "ATTENTION TYPES"](#) and draws on scientific research from the book below.

Kind Regards

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